

## **Lecture 14: Challenges of proper drug dosing with nanodelivery systems**

- I. Overview of drug dosing problem
  - A. Problems of scaling up doses from animal systems
  - B. Basing dosing on size, area, weight of recipient
  - C. Vast differences between adults in terms of genetics, metabolism
  - D. Dosing in children – children are NOT smaller adults!
  - E. Pharmacokinetics – drug distribution, metabolism, excretion, breakdown
  - F. Conventional dosing assumes drug goes everywhere in the body
  - G. Targeted therapies – a model for future nanomedical systems?
- II. From the animal dosing to human clinical trials
  - A. Importance of picking an appropriate animal model system
  - B. Does drug dosing really scale?
  - C. The human guinea pig in clinical trials and beyond
- III. Some drug dosing methods
  - A. Attempts to scale up on basis of area
  - B. Attempts to scale up on weight/volume
  - C. Attempts to use control engineering principles
- IV. Genetic responses to drug dosing
  - A. All humans are not genomically equivalent!
  - B. Predicting on basis of family tree responses
  - C. SNPs, chips, and beyond...predicting individual drug response
  - D. After the \$ 1000 individual genome scan... more closely tailored individual therapies
- V. Dosing in the era of directed therapies – a future model for nanomedical systems?
  - A. How directed therapies change the dosing equation
  - B. Current generation directed antibody therapies dosing
  - C. Some typical side effects of directed therapies
  - D. Nanomedical systems are the next generation of directed therapies
- VI. Most directed therapies are nonlinear processes
  - A. Current and pending FDA approved directed therapies
  - B. Some examples of how a few directed therapies work
    - 1. Complement directed cytotoxicity
    - 2. ADCC-mediated adaptive immunity switch
    - 3. Antibody-directed enzyme producing therapy
- VII. Other ways of controlling dose locally
  - A. Magnetic field release of drugs
  - B. Light-triggered release of drugs

**References:**

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