Chilling with Light: Exploring the Cool Science of Laser Cooling

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Things to Do with Lasers

Laser welding/cutting





2018



2023



Imaging with fast lasers

Heating with Laser



Cooling with Laser?!







Let's Catch an Atom

• How fast does an atom move?

$$\frac{1}{2}mv^2 = \frac{3}{2}k_BT$$

• Rubidium velocity at room temperature

 $v \approx 300 m/s$

Ferrari S90: 95 m/s

Tesla S: 117 m/s

Buggatti Chiron: 136 m/s



Let's Not Catch a Thermal Atom

• How fast does an atom move?

$$\frac{1}{2}mv^2 = \frac{3}{2}k_BT$$

Rubidium velocity at room temperature

 $v \approx 300 m/s$





As fast as a supersonic plane!!

Slowing-Down Through Collision



Energy E = hv Momentum $p = \hbar k$





Mechanical Effects of Light in a Glance



& then the fun began...







Doppler Cooling



- A classical particle with get a kick always.
- Atoms are not easy going & do care about the color of photons.
- Counter-propagating photons get absorbed. Remember the Doppler effect?!





• Repeat the process 10M/s

Doppler Cooling







Effective Friction decelerating coefficient force



Doppler Cooling



Optical Molasses





proposal in 1975 for atoms





proposal in 1975 for ions



cooling & trapping of atoms



2005

1989

2012

Let's Catch a Cold Atom

- Laser cooling can slow-down the atoms.
- Atoms are still all over the place and not confined.
- Let's trap the slow atoms using a position-dependent force

Anti-Helmholtz coil

Magnetic field vs. position

Zeeman-splitting vs. position













Magneto-Optical Trap: Slow Atom at z = 0



- Atom is far-detuned from both lasers.
- Scattering is the least.
- Slowest atoms pile up here.

Magneto-Optical Trap: Right-Moving Atom



Magneto-Optical Trap: Left-Moving Atom







• Atoms away from the center experience a stronger damping.

 $F = -\alpha v - \beta z \qquad \qquad T \approx 20 \,\mu K$

Applications

Optical Tweezer One atom at a time





Bottom-up Quantum simulation



Atomic Clocks with error of 1 ns in 10 million years





2001



GPS Space navigation A large Quantum object

Today's Quantum Toolkit



Let's Raise Ichthyosauria in the Zoo!

"... we never experiment with just one electron or atom of (small) molecule. We are not experimenting with single particles, any more than we can raise Ichthyosauria in the zoo..."

